



thefutureleader
group

ASSOCIATE COACH ACCREDITATION



ASSOCIATE COACH ACCREDITATION PROGRAM



This highly practical six-month program will equip you with the skills, insight and experience to become a sought-after coach.

As an accredited The Future Leader Group

MAXIMISERS Associate Coach, you will be equipped to:

- Become a Max Potential professional coach
- Understand your own MAP profile and how to develop others using the tool
- Become a certified administrator of the MAXIMISERS Assessment Profile (MAP)
- Integrate the principles into your own life
- Use the OMEGA coaching framework confidently
- Explore and apply experiential and engaging coaching tools
- Move towards the next level of professional coach accreditation with The Future Leader Group



The Future Leader Group

Cultivating a generation of emotionally intelligent leaders, culturally aware teams and agile organisations.

THE FUTURE LEADER GROUP ACCREDITATION

What's included

- All coaching sessions (Skype and/or face-to-face) and personal support from one of The Future Leader Group's Accredited Master Coaches
- All modules, coursework and Achieving Authentic Success book
- MAXIMISERS Assessment Profile (MAP) - skills in developing people and become a certified administrator
- Access to online support, coaching tools and tips electronically through Dropbox

Deposit of \$995 +GST. Remaining fees must be paid within the first month of the program. Course must be completed within six months or forfeit fees (unless written application for extension is approved).

\$2,995 +GST
TOTAL INVESTMENT

COURSE OVERVIEW

COACH TRAINING (GROUP) – DAY 1

| CONTENT | REQUIREMENTS – PERSONAL STUDY |
|---|---|
| Coaching Technique <ul style="list-style-type: none"> - What is Coaching? - My Agenda vs Coachee Agenda - The Art of Powerful Questioning - Active Listening - Assertive Coaching & Communication | <ul style="list-style-type: none"> - Reading and Study of The Future Leader Coaching Manual - Write 'Clarified' 7-F Goals - Write a List of Goal Questions to Help you Clarify Goals |
| The Coaching Model - OMEGA <ul style="list-style-type: none"> - Descriptive Coaching - Breakdown of OMEGA - Goal Clarification | <ul style="list-style-type: none"> - Read AAS Book: Do Exercises at the end of chapters 1-3 - Write an Executive Summary for Each Principle - Article: Being a Master Asker - Key Learning from Article and Create a List of 'Master Asker Questions' to use in Coaching Sessions (refer to text books) - Minimum of 4 Hours Reflective Learning and Personal Notes in Journal |

COACH TRAINING – PERSONAL SESSION 1

| CONTENT | REQUIREMENTS – PERSONAL STUDY |
|---|--|
| Brief Review Coach Training Group - Day 1 <ul style="list-style-type: none"> - Summary & Understanding of Elements | <ul style="list-style-type: none"> - Reading and Study of The Future Leader Coaching Manual - Practice Goal Clarification with six People (make reflective notes on outcomes) - Practice the OMEGA Coaching Model with six People (make reflective notes on outcomes) |
| Setting Up The Coaching Relationship <ul style="list-style-type: none"> - Outline of Coaching Sessions - Establishing Trust with Client - The Coaching Contract | <ul style="list-style-type: none"> - Read AAS Book: Do Exercises at the end of chapters 4-5 - Write an Executive Summary for Each Principle |
| The Future Leader Documentation and Standards <ul style="list-style-type: none"> - Coaching Agreement and Schedule - Coaching Diary Notes - Code of Ethics and Guidelines - Associates Agreement - Feedback from Client | <ul style="list-style-type: none"> - Case Study 1: Michael - Develop a Coaching Session Plan - Minimum of 4 Hours Reflective Learning and Personal Notes in Journal |

COACH TRAINING – PERSONAL SESSION 2

| CONTENT | REQUIREMENTS – PERSONAL STUDY |
|---|--|
| Brief Review of Personal Session 1 <ul style="list-style-type: none"> - Summary & Understanding of Elements - Discuss Case Study 1 - Review Coaching Session Plan | <ul style="list-style-type: none"> - Complete MAP profile (sent via email) - Read AAS Book: Do Exercises at the end of chapters 6-10 - Write an Executive Summary for Each Principle |
| Uniqueness of The Future Leader Coaching Model <ul style="list-style-type: none"> - Tools and Resources - MAXIMISERS | <ul style="list-style-type: none"> - Practice Goal Clarification with 6 People (make reflective notes on outcomes) - Practice the OMEGA Coaching Model with 6 People (make reflective notes on outcomes) - Case Study 2: George - Minimum of 4 Hours Reflective Learning and Personal Notes in Journal |

NB: This is a guide only.

There is flexibility with content and timelines to best meet the needs of each study cohort.

COURSE OVERVIEW

COACH TRAINING (GROUP) – DAY 2

| CONTENT | REQUIREMENTS – PERSONAL STUDY |
|---|--|
| Review Coach Training Group - Day 1 <ul style="list-style-type: none"> - Goal Clarification - OMEGA | <ul style="list-style-type: none"> - OMEGA Transitions |
| Understanding The Future Leader Coaching Philosophy <ul style="list-style-type: none"> - What is Authentic Success? - Focus on the Fruits, not just the Roots. - MAXIMISERS and Tools - Paradigm Steps | <ul style="list-style-type: none"> - Unpack the MAP profile ... Understanding the Principles and Tools - Create a New Tool for each MAXIMISERS Principle - Development and Creation of a Coaching Toolbox - Article: Why Seek a Coach ... Summarise Article and Highlight Main Learning Points - Read Text Book: Highlight Key Learning, Useful Questions and Tools to use in Coaching Sessions - Minimum of 4 Hours Reflective Learning and Personal Notes in Journal |

COACH TRAINING – PERSONAL SESSION 3

| CONTENT | REQUIREMENTS – PERSONAL STUDY |
|---|---|
| Brief Review Coach Training Group - Day 2 <ul style="list-style-type: none"> - Summary & Understanding of Elements - Identify MAXIMISERS Tools Created - Identify Toolbox Content | <ul style="list-style-type: none"> - Article: Coaching – 10 Killer Myths ... Summarise Article and Highlight Main Learning Points |
| Pro-Bono Coaching <ul style="list-style-type: none"> - Debrief and Preparation for Sessions - Requirements and Guidelines | <ul style="list-style-type: none"> - Preparation of Pro-Bono Coaching Sessions and Plans - Read Text Book: Highlight Key Learning, Useful Questions and Tools to use in Coaching Sessions - Minimum of 4 Hours Reflective Learning and Personal Notes in Journal |
| Supervision Session <ul style="list-style-type: none"> - Review Progress and Learning Development | |

COACH TRAINING – PERSONAL SESSION 4

| CONTENT | REQUIREMENTS – PERSONAL STUDY |
|--|--|
| Supervision Session <ul style="list-style-type: none"> - Review Progress and Learning Development - Review Pro-Bono Coaching Sessions | <ul style="list-style-type: none"> - Report on Life Coaching Client Progress and Evaluation - Report on Progress Coaching Logs |
| Coaching Agreement <ul style="list-style-type: none"> - The Future Leader Coaching Agreement (and calendar) | <ul style="list-style-type: none"> - Insurance Certificate of Currency - Read and Sign The Future Leader's Values and Code of Conduct, Associates Agreement. - Read Text Book: Highlight Key Learning, Useful Questions and Tools to use in Coaching Sessions |
| Create a Professional Development Plan <ul style="list-style-type: none"> - 12 month plan (reviewed annually) | <ul style="list-style-type: none"> - Minimum of 4 Hours Reflective Learning and Personal Notes in Journal |

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COURSE OVERVIEW

EXAMS AND COURSE COMPLETION

| CONTENT | REQUIREMENTS |
|---|---|
| Exams (to be booked after Personal Session 4) <ul style="list-style-type: none">- Practical Coaching Exam- Written Accreditation Exam | <ul style="list-style-type: none">- Complete The Future Leader MAXIMISERS Accreditation Exams |

RECOMMENDED TEXT BOOKS

We highly recommended the purchase of these two textbooks in conjunction with this course.

1. Rogers, J. *Coaching Skills: A Handbook*, Third Edition.
2. Whitmore, J. *Coaching for Performance. GROWing human potential and purpose*, Fourth Edition.

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Accreditation Requirements

- Submit your CV outlining previous experience and intentions post accreditation
- Complete the MAXIMISERS Assessment Profile Tool
- Read the Achieving Authentic Success book and complete all modules, including 40+ hours of study
- Complete 40 hours of pro bono coaching within six months, including documentation and feedback (minimum of five adults with at least six sessions per person)
- Reflection journal to document key learning, challenges and new insights throughout the course
- Complete case studies, practical coaching session exam and the final examination theory and practical (NB: there is an additional fee of \$300 +GST if you need to re-sit the practical exam)
- Sign The Future Leader Group Associates Agreement and provide The Future Leader with a copy of Currency of Insurance

Maintain Accreditation

- Annual fee of \$250 +GST to renew accreditation
- Submit an outline of your personal development plan to increase your coaching competencies over the next 12 months
- Personally coached on a regular basis

APPLY TODAY!
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group

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